

DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY MATERIEL COMMAND
5001 EISENHOWER AVENUE, ALEXANDRIA, VA 22333-0001

AMC Supplement 1
to AR 190-56

31 July 2002

Military Police

THE ARMY CIVILIAN POLICE AND SECURITY GUARD PROGRAM

Applicability. This supplement applies to Headquarters, U.S. Army Materiel Command (AMC); major subordinate commands (MSC); their subordinate installations and activities, to include Government-owned, contractor-operated (GOCO) facilities; and separate installations and activities reporting directly to HQ AMC.

Supplementation. Approval for this supplement was granted 31 July 2002 by Headquarters, Department of the Army (HQDA (DAMO-ODL)). Further supplementation of this regulation is prohibited unless prior approval is obtained from HQ AMC (AMCOPS-CS). When supplements are approved and issued, one copy of each will be furnished to HQ AMC (AMCOPS-CS) and Chief, AMC Security Support Division, ATTN: AMXMI-SD.

AR 190-56, 21 June 1995, is supplemented as follows:

Page 1, paragraph 1-4a. Responsibilities. Add the following:

The Director, Security, Force Protection, and Law Enforcement, U.S. Army Materiel Command, will serve as the primary point of contact on all matters concerning the AMC civilian guard and police program.

Page 1, paragraph 1-4b(1). Add the following:

The Chief, Field Support Division, G1 Manpower and Personnel (AMCPE-F), will provide policy, guidance, and assistance concerning civilian guard and police personnel management within AMC.

Page 1, paragraph 1-4b(2). Add the following:

The G1 Manpower and Personnel will establish policy, practices, and procedures related to civilian guard and police personnel participation in drug testing in accordance with AR 600-85, Army Substance Abuse Program (ASAP), and this supplement.

*This supplement supersedes AMC Supplement 1 to AR 190-56, 8 August 1990

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Page 1, paragraph 1-4b(3). Add the following:

The Chemical and Biological Division, G3 Support Operations (AMCOPS-SCB) will establish policy, training requirements for weapons of mass destruction (WMD) and provide guidance concerning civilian guard and police personnel assigned to chemical surety duties as pertain to the Army Personnel Reliability Program (PRP).

Page 1, paragraph 1-4d. Add the following:

The Deputy Chief of Staff for Intelligence (AMCMI) will establish policy and procedures related to personnel security involving civilian guards and police within AMC in accordance with AR 380-67, The Department of the Army Personnel Security Program.

Page 1, paragraph 1-4g(3). Add the following:

Within the U.S. Army Materiel Command, the Director, Security, Force Protection, and Law Enforcement, is designated as the AMC program manager of the civilian guard and police program.

Page 1, paragraph 1-4i(1). Add the following:

Within AMC, installation provost marshals, directors of law enforcement and security, security officers, or contractor security managers are responsible for providing training in accordance with this supplement and local training requirements peculiar to the installation or activity concerned.

Page 1, paragraph 1-4i(c). Add the following:

Within AMC, installation provost marshals, directors of law enforcement and security, security officers, or contractor security managers are responsible for developing individual training plans to ensure that training needs for civilian guard and police personnel are met.

Page 1, paragraph 1-4i(3)(b). Add the following:

The security clause of contractor operated activities will ensure that the installation provost marshal, directors of law enforcement and security, security officers, or other designated Army personnel monitor and inspect the performance of such contracts. Similarly, the Statement of Work (SOW) will contain a provision recognizing this right. In contract security arrangements, a similar provision will be incorporated in the terms of the contract.

Page 2, paragraph 2-2. Qualification standards. Add subparagraphs a, b, and c:

a. Medical screening for civilian guard and police applicants will be conducted in accordance with prescribed OPM medical screening standards and Appendix C to this supplement. These medical screening standards are designed to ensure that the applicant for a guard or police position is physically capable of performing the required duties without creating an unreasonable risk to the applicant or the U.S. Government should the applicant be hired. Medical screening will be conducted annually after initial entry screening has determined the individual to be medically qualified for hiring. Such

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annual medical screening will be conducted prior to administration of annual physical agility testing and the individual will be certified as having no evidenced medical condition which is counter to administering the physical agility test.

b. Physical agility testing applicable to U.S. Government civilian guard and police personnel, and all contract or contractor guard personnel subject to physical agility testing will be in accordance with Appendix D to this supplement.

(1) Physical agility testing will be conducted annually for civilian guard and police personnel (job series GS-083/GS-085) to whom it applies. Job descriptions and performance plans/performance standards will contain the physical agility testing requirement.

(2) Physical agility testing of contract or contractor guard personnel will be conducted in accordance with conditions of the applicable SOW or terms of the security contract itself. Such testing will also be conducted on an annual basis.

(3) Annual physical agility testing will be required within the 12 month appraisal period, except as otherwise specified in this supplement.

(4) Probationary employees must be advised in writing at the time of initial employment that they must successfully complete the physical agility test within their probationary period and must sign a statement acknowledging they have been so advised.

(5) Probationary employees must be given their performance standards within the first 30 days on duty and the physical agility test given no earlier than 179 days after receiving medical clearance. After the probationary period, performance standards must be revised accordingly.

(6) If a probationary employee or an employee subject to physical agility testing fails to successfully complete the physical agility test in accordance with policy and procedures found at Appendix D to this supplement, the employee may be given an opportunity to retake the test at the discretion of the local commander. However, prior to making the decision, a determination must be made as to whether or not the employee is medically fit for the position. The retest for probationary employees must be completed prior to the end of the probationary period. If a probationary employee or employees subject to physical agility testing fails the second physical agility test, the local Civilian Personnel Office (CPO) will be contacted to handle the individual in accordance with established CPO procedures.

(7) Probationary employees medically cleared to take the physical agility test and who refuse to take the test may be terminated during the probationary period for failure to meet a condition of employment standard.

(8) Commanders may establish local physical fitness programs to provide probationary employees the opportunity to establish and maintain a minimum level of physical fitness. Such fitness programs may include organized exercise classes, conducted on a scheduled basis, either voluntarily or as training conducted in accordance with paragraph 4-6, AR 190-56, when funding is available.

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c. Prior to administration of initial or subsequent annual physical agility testing, medical screening of personnel will be conducted in accordance with Appendix C to this supplement. This screening will consist of two levels. Level A screening will be a review of the individual's medical records, medical history, and examination of the individual by a physician or other competent medical personnel under the supervision of a physician. Final review of the results of and approval to administer the physical agility test will be made by a physician. Level B screening will be conducted when, in the opinion of the examining or reviewing physician, the individual may possess a medical condition which poses a risk to the individual should the physical agility test be administered. Level B screening will be conducted in accordance with provisions of Appendix C to this supplement. Screening may be conducted by credentialed Army or civilian medical authorities and requirements will be provided to the examining medical authorities to guide them in their review. Funding for Level B medical screening is the responsibility of the installation/activity commander and should be programmed accordingly.

Page 2, paragraph 2-3i(2). Employment security screening procedures. Add the following:

Medical screening guidelines and procedures supportive of requirements are found at Appendix C to this supplement. A copy of these requirements should be provided to medical authorities conducting annual medical screening of security force personnel and tentative selectees.

Page 3, paragraph 2-4b. Drug abuse testing. Add the following:

Contract/contractor security force personnel will be subject to work rules established by the responsible contractor regarding counseling and employment. The individual may be terminated in accordance with those rules and no right to counseling or further employment shall exist, except as provided for by the responsible contractor.

Page 3, paragraph 3-2. Exemption. Add the following:

Other requirements of this supplement and AR 190-56 regarding such personnel will apply (e.g., physical agility testing, training, etc.). If requirements of one of the two programs (i.e., Personnel Reliability Program (PRP) or Individual Reliability Program (IRP)) conflict with one another, the more stringent will apply.

Page 3, paragraph 3-3. Policy. Add subparagraph c.

c. Part time, volunteer, and auxiliary security force personnel must meet the requirements of the IRP program.

Page 3, paragraph 3-5a. IRP certifying official. Add the following:

When the installation provost marshal, director of law enforcement and security, or security officer further delegates the IRP certifying function to another individual within the office, that individual will not be less than a commissioned officer or a GS-9 or higher in the case of a civilian. This delegation must be in writing. Operating contractors who subcontract the security function may delegate the IRP certifying official to a senior individual within the operating contractor management chain.

Page 5, paragraph 4-1. General. Add the following:

Within AMC, training will be conducted in accordance with procedures and requirements found at Appendix E to this supplement.

Page 5, paragraph 4-2. Training and qualification policy. Add the following:

Within AMC, new hire Police Officers (job series 083) must successfully complete the Federal Law Enforcement Training Center “Mixed Basic Police Training Program” or a state or locally accredited police officer training program prior to assignment of law enforcement duties. Funding to meet this requirement is the responsibility of the installation/activity commander. In no instance will civilian guard or police personnel be assigned duties requiring the carrying of individually assigned weapons or use of crew served weapons until required qualification/familiarization with those weapons and use of force training have been successfully completed.

Page 5, paragraph 4-4. Documentation. Add the following:

Physical security surveys conducted by the AMC Security Support Division, Fort McPherson, GA, will include verification of the conduct of training as required by Army policy and this supplement.

Page 6, paragraph 4-5. Minimum training standards. Add subparagraph d, e, f, and g:

d. Supporting skills and knowledges identified in paragraph 4-5b, AR 190-56, should be taught in conjunction with applicable training tasks identified in Appendix E to this supplement. Minimum training tasks at Appendix E are to be taught in accordance with TC 19-138 (Civilian Law Enforcement and Security Officer Training, August 2001) or subsequently approved U.S. Army Training and Doctrine Command (TRADOC) doctrinal training materials.

(1) Training tasks found at Appendix E to this supplement are considered minimum training required for civilian police and guards and contract or contractor security personnel. Additionally, training requirements contained in AR 190-11, AR 190-13, AR 190-14, and AR 190-58 also apply.

(2) Additional training tasks, found in TC 19-138 or other Army publications, may be taught per local requirements or other Army requirements. Where a training task is unique to a specific installation or activity, performance oriented training will be conducted to ensure proficiency with that identified task.

(3) Additional training tasks will be determined on the basis of specific assigned duties for some personnel (e.g., a response force utilizing an M-60 machine gun). Such additional tasks should be related to responsibilities identified in the job description of the individual employee.

e. When a required task found at Appendix E to this supplement is not applicable to personnel locally, the installation provost marshal, director of law enforcement and security, or security officer may personally authorize deviation from the training task requirement. When such a deviation is authorized it will be approved by the first commander in the chain of command in the grade of MAJ (04) or higher

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or GS-12 or higher. The authority to deviate will be supported by written documentation signed by the installation commander. Such documentation will outline the reasons for not training the identified task(s) and will be made a matter of record and kept in the training file for inspection purposes. Copies of locally approved training deviations will be provided to the responsible MSC provost marshal, director of law enforcement and security, or security officer and the Chief, AMC Security Support Division, ATTN: AMXMI-SD, 1323 Cobb Street, SW, Fort McPherson, GA 30330-1174. Local deviations must be reviewed by the responsible approving local commander every 24 months from the initial approval date, and must be validated by the installation commander in writing. Copies of the validation will be provided as previously indicated.

f. Training times and exact procedures outlined within TC 19-138 may be modified to meet local requirements inasmuch as class size and experience of those undergoing training will vary widely and may reduce or increase the training requirements for the specific tasks.

g. Annual retraining of personnel will be conducted in accordance with AR 190-56, this supplement, TC 19-138, or other applicable doctrinal materials. Training documentation will be maintained in accordance with policy and guidance outlined in the above references and supplement.

(1) Retraining of personnel may be significantly reduced by application of task associated testing. Where the job holder evidences ability to perform the required task and demonstrates appropriate skills and knowledges to established standards, no formalized retraining is indicated or necessary.

(2) Retraining will be conducted on an annual basis and the training recorded on the individual training records maintained for civilian guard and police personnel and contract or contractor security personnel. These individual records are subject to inspection.

(3) Local supervisory personnel may conduct annual retraining, to include first-line supervisors so long as the installation provost marshal, director of law enforcement and security, or security officer has approved such retraining and performance testing is applied to required training tasks. Successful completion of specific retraining tasks will be documented by the individual conducting the training and testing and recorded on individual training records.

Page 6, paragraph 6-1a. Uniforms. Add subparagraph (1) and (2):

(1) Civilian guard and police personnel (job series 083/085) who receive uniform clothing allowance will wear the prescribed uniform in accordance with AR 670-10, Furnishing Uniforms or Paying Uniform Allowance to Civilian Personnel, at all times during the performance of their assigned duties. Uniform allowance is to be paid on a quarterly basis.

(2) The term contract security guards is synonymous with the term contractor security guards. Contract security guards will be uniformed for the purpose of ready recognition and identification.

Page 6, paragraph 6-1d. Uniforms. Add the following:

The terms contract and contractor are synonymous for purposes offer 190-56, paragraph 6-ld.

/ The proponent of this supplement is the United States Army Materiel /
/ Army Materiel Command. Users are invited to send comments and /
/ and suggested improvements on DA Form 2028 (Recommended /
/ Changes to Publications and Blank Forms) to Commander, HQ AMC /
/ ATTN: AMCOPS-CS, 5001 Eisenhower Avenue, Alexandria, VA /
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APPENDIX A

REFERENCES

Section I Required Publications

AR 11-2, Management Control. (Cited in para 1-4k, AR 190-56.)

AR 25-55, The Department of the Army Freedom of Information Act Program. (Cited in para 3-11b, AR 190-56.)

AR 71-32, Force Development and Document-Consolidated Policies. (Cited in para 6-3c, AR 190-56.)

AR 190-11, Physical Security of Arms, Ammunition and Explosives (AA&E). (Cited in para 6-3b(2), AR 190-56 and para 4-5d(1), this supplement.)

AR 190-13, The Army Physical Security Program. (Cited in para 4-5d(1), this supplement.)

AR 190-14, Carrying of Firearms and Use of Force for Law Enforcement and Security Duties. (Cited para 4-5d(1), this supplement.)

AR 190-27, Army Participation in National Crime Information Center (NCIC). (Cited in para 2-3c, AR 190-56.)

AR 190-58, Personal Security. (Cited in para 4-5d(1), this supplement.)

AR 340-21, The Army Privacy Program. (Cited in para 3-11b, AR 190-56.)

AR 380-67, The Department of the Army Personnel Security Program. (Cited in paras 2-3e, 3-12d, and AR 190-56 and para 1-4d, this supplement.)

AR 600-85, Army Substance Abuse Program. (Cited in paragraphs 2-3g, 2-4, and 3-7, AR 190-56 and para 1-4b(2), this supplement.)

AR 670-10, Furnishing Uniforms or Paying Uniform Allowances to Civilian Employees. (Cited in para 6-1a, AR 190-56 and para 6-1a(1), this supplement.)

TC 19-138, Civilian Law Enforcement and Security Officer Training. (Cited in paras 2-2, 4-2, 4-3, and 4-5a, and 4-5c AR 190-56, and paras 4-5d, 4-5f, and 4-5g, and Appendix E, this supplement.)

Section II Related Publications. Related publications are merely a source of additional information.

AR 5-20, Commercial Activities Program.

AR 27-40, Litigation.

AR 50-5, Nuclear Surety.

AR 50-6, Chemical Surety.

AR 190-12, Military Police Working Dogs.

AR 190-14, Carrying of Firearms and Use of Force for Law Enforcement and Security Duties.

AR 190-22, Search, Seizure and Disposition of Property.

AR 190-40, Serious Incident Reporting.

AR 190-54, Security of Nuclear Reactor and Special Nuclear Materials.

AR 190-58, Personal Security.

AR 190-59, Chemical Agent Security Program.

AR 385-10, Army Safety Program.

DA Pamphlet 190-12, Military Working Dogs.

AMC Suppl 1 to AR 190-11, Physical Security of Arms, Ammunition and Explosives.

AMC Suppl 1 to AR 190-13, The Army Physical Security Program.

AMC Suppl 1 to AR 190-30, Military Police Investigations.

AMC Suppl 1 to AR 190-40, Serious Incident Reporting.

CTA 50-909, Field and Garrison Furnishings and Equipment.

OPM Handbook X-118, Qualification Standards for Positions Under the General Schedule.

FM 19-10, Law and Order Operations.

FM 19-15, Civil Disturbance.

FM 19-20, Law Enforcement Investigations.

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FM 19-15, Civil Disturbance.

TC 19-138, Civilian Law Enforcement and Security Officer Training.

Section III. Prescribed Forms

DA Form 5248-R, Report of Unfavorable Information for Security Determination. (Prescribed in para 3-12d, AR 190-56.)

DA Form 5557-R, Individual Reliability Screening and Evaluation Record. (Prescribed in para 3-11b, AR 190-56.)

Section IV. Referenced Forms

DA Form 7223, Base System Civilian Evaluation Report (Cited in para B-4, this supplement.)

SF 78, United States Civil Service Commission Certificate of Medical Examination. (Cited in para 2-3i(2)(a), AR 190-56.)

APPENDIX B

CONDITION OF EMPLOYMENT STATEMENTS

JOB DESCRIPTIONS

PERFORMANCE/EVALUATION REPORT

B-1. At TAB A, A1, and A2 are Condition of Employment Statements for AMC guard and police positions.

B-2. At TAB B is a Condition of Employment Statement for AMC Special Reaction (SRT) positions.

B-3. Job descriptions for guard, police, and SRT personnel subject to physical agility testing and mandatory police training for 083 job series personnel will contain the following statement:

a. Incumbent will be required to pass a physical agility test as well as a weapons qualification test commensurate with assigned duties and responsibilities in accordance with AR 190-56 and this supplement.

b. Incumbent must successfully complete the Federal Law Enforcement Training Center “Mixed Basic Police Training Program” or other state or locally accredited police officer training program prior to assignment of law enforcement duties in accordance with this supplement.

B-4. Base System Civilian Evaluation Report (DA Form 7223) for guard, police, and SRT personnel subject to physical agility testing will contain the following statement in Part IVb, Areas of Special Emphasis, “Must pass the annual physical agility test.”

B-5. Probationary employees (new hires) are subject to physical agility testing. The physical agility test must be accomplished prior to the end of their probationary period.

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CONDITION OF EMPLOYMENT FOR AMC GUARD/POLICE PERSONNEL UP TO AGE 50

SECTION A – REQUIREMENTS

In accordance with AMC Supplement 1 to AR 190-56, The Army Civilian Police and Security Guard Program, as a prospective employee, I understand that I am required to pass an annual physical agility test as a condition of employment. The physical agility test is a critical element on my civilian performance plan. The test requires completion of a 1 mile run in less than 12:30, completion of 9 pushups in 2 minutes, and completion of 20 situps in 2 minutes.

As an applicant for this position I understand that if I fail to sign this form I will not be selected for the position. If I sign this form and cannot complete the physical agility test during my probationary period it is a basis for removal in accordance with applicable CPO regulations. If I sign this form and later refuse to take the physical agility test, it is also a basis for removal in accordance with applicable CPO regulations.

A copy of the signed agreement will be given to me and to my supervisor. The original will be placed in my Official Personnel File.

SECTION B - AGREEMENT

This is to certify that I understand the contents of the policy described above and the reasons therefore, and that I agree to adhere to the terms of this policy as a continuing condition of my employment.

SIGNATURE OF APPLICANT

DATE

CONDITION OF EMPLOYMENT FOR AMC GUARD/POLICE PERSONNEL
AGE 51 THROUGH 59

SECTION A – REQUIREMENTS

In accordance with AMC Supplement 1 to AR 190-56, The Army Civilian Police and Security Guard Program, as a prospective employee, I understand that I am required to pass an annual physical agility test as a condition of employment. The physical agility test is a critical element on my civilian performance plan. The test requires completion of run 1 mile in 20:00 minutes.

As an applicant for this position I understand that if I fail to sign this form I will not be selected for the position. If I sign this form and cannot complete the physical agility test during my probationary period it is a basis for removal in accordance with applicable CPO regulations. If I sign this form and later refuse to take the physical agility test, it is also a basis for removal in accordance with applicable CPO regulations.

A copy of the signed agreement will be given to me and to my supervisor. The original will be placed in my Official Personnel File.

SECTION B - AGREEMENT

This is to certify that I understand the contents of the policy described above and the reasons therefore, and that I agree to adhere to the terms of this policy as a continuing condition of my employment.

SIGNATURE OF APPLICANT

DATE

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**CONDITION OF EMPLOYMENT FOR AMC GUARD/POLICE PERSONNEL
AGE 60 AND ABOVE**

SECTION A – REQUIREMENTS

In accordance with AMC Supplement 1 to AR 190-56, The Army Civilian Police and Security Guard Program, as a prospective employee, I understand that I am required to pass an annual physical agility test as a condition of employment. The physical agility test is a critical element on my civilian performance plan. The test requires completion of walk 1.5 miles in 30:00 minutes.

As an applicant for this position I understand that if I fail to sign this form I will not be selected for the position. If I sign this form and cannot complete the physical agility test during my probationary period, it is a basis for removal in accordance with applicable CPO regulations. If I sign this form and later refuse to take the physical agility test, it is also a basis for removal in accordance with applicable CPO regulations.

A copy of the signed agreement will be given to me and to my supervisor. The original will be placed in my Official Personnel File.

SECTION B - AGREEMENT

This is to certify that I understand the contents of the policy described above and the reasons therefore, and that I agree to adhere to the terms of this policy as a continuing condition of my employment.

SIGNATURE OF APPLICANT

DATE

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CONDITION OF EMPLOYMENT FOR SPECIAL REACTION TEAM (SRT) PERSONNEL

SECTION A - REQUIREMENTS

In accordance with AMC Supplement 1 to AR 190-56, The Army Civilian Police and Security Guard Program, as a prospective employee, I understand that I am required to pass an annual physical agility test as a condition of employment. The physical agility test is a critical element on my civilian performance plan. The test requires completion a 1 mile run in less than 10:00 minutes, completion of 20 pushups in 2 minutes, and completion of 20 situps in 2 minutes.

As an applicant for this position I understand that if I fail to sign this form I will not be selected for the position. If I sign this form and cannot complete the physical agility test during my probationary period, it is a basis for removal in accordance with applicable CPO regulations. If I sign this form and later refuse to take the physical agility test, it is also a basis for removal in accordance with applicable CPO regulations.

A copy of the signed agreement will be given to me and to my supervisor. The original will be placed in my Official Personnel File.

SECTION B - AGREEMENT

This is to certify that I understand the contents of the policy described above and the reasons therefore, and that I agree to adhere to the terms of this policy as a continuing condition of my employment.

SIGNATURE OF APPLICANT

DATE

APPENDIX C

MEDICAL SCREENING PROCEDURES AND EVALUATION GUIDELINES

C-1. Medical evaluation of security force applicants (guards and police) and annual medical surveillance of security force members (guards and police) will be conducted in accordance with AR 190-56 and this supplement.

a. For Federal government applicants and employees, Standard Form (SF) 78 (United States Civil Service Commission Certificate of Medical Examination), or its equivalent will be utilized by the examining medical authorities.

(1) The SF 78 or equivalent will be prepared as outlined by TAB A to this Appendix.

(2) A copy of this Appendix, including TAB A, will be provided to the examining medical authority (EMA) as well as other supporting material, if necessary (e.g., OPM Qualification Standards for Police Series, GS-083 and Guard Series, GS-085 (TS 224)), February 1988, that may be approved by OPM (including separate and approved Army standards, such as those found in this supplement).

(3) Individual Reliability Program certifying officials will also provide in writing any observed condition which is viewed as being of a medical concern and which might be adverse to either the individual's or U. S. Government's best interests.

b. For contract and contractor security personnel, the contractor may utilize the SF 78 or recognized and will ensure that the medical screening procedures outlined by AR 190-56 and this supplement are adhered to for initial and subsequent annual medical evaluation.

(1) Where contract or contractor medical examining guidelines and procedures are deemed more stringent by the EMA, those more stringent requirements will be applicable.

(2) The contractor's work rules regarding employment and retention will apply in any case in which the employee is deemed to be medically unqualified for hiring or retention.

C-2. The EMA will be advised by the provost marshal/security officer or the contractor's designated representative as to whether the individual is required to be administered an annual physical agility test in accordance with AR 190-56 and appendix D to this supplement. This advisory will normally be provided to the EMA in writing, together with a copy of appendix D to this supplement.

a. Medical screening will be performed to clear all security force personnel to begin a physical exercise program and take the annual physical agility test. Screening will identify risk factors associated with the development of cardiovascular disease and assess the individual's capability to safely perform an aerobic exercise program.

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b. Medical screening and clearance will be accomplished prior to an individual beginning a physical exercise program. Individuals will have up to 179 days following initial medical clearance to participate in an exercise program and develop the required level of fitness to take the physical agility test (for individuals required to take the physical agility test per appendix D, this supplement). Subsequent physical agility tests will be performed within 12 months of medical screening. Medical screening will be provided to all security force personnel upon employment and annually thereafter. Medical screening will occur within the 12 months prior to completion of an annual performance appraisal.

c. The EMA will note on the SF 78 (Certificate of Medical Examination) or other appropriate documentation of the medical examination that the individual is medically cleared to begin an exercise program, preparatory to being administered the physical agility test. The EMA shall provide counseling to each individual on how to develop a personal fitness program and monitor its progress. The EMA will also note recommended modifications to the physical agility test when performance of the test or one of its components may aggravate an existing medical condition for which an acceptable alternative test element is provided (See appendix D, this supplement).

d. The agility test may be administered at any time in the twelve months immediately preceding the individual's annual performance appraisal.

C-3. Medical screening – intent, scheduling, and instructions.

a. Medical screening is intended to:

(1) Identify individual cardiovascular risk factors.

(2) Provide advice and assistance in controlling risk factors, including referral to the individual's personal physician.

(3) Provide instructions for safe and regular aerobic exercise.

(4) Use exercise tolerance testing only in the high risk individual.

b. Medical screening frequency and follow-up.

(1) The initial medical screening will be accomplished during initial pre-placement evaluation of new employees.

(2) Annual medical screening will emphasize follow-up of previously identified cardiovascular risk factors and interventions to reduce the same. Screening for the presence of newly acquired/developed risk factors will be performed.

(3) Annual medical screening should be performed preferably in the individual's birth month or according to local policy. Supervisors are responsible for coordinating the screening of their personnel.

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(4) Medical screening may be accomplished more frequently if in the interim there is development of medical signs and symptoms suggestive of cardiovascular disease or at the discretion of the examining physician.

c. Screening instructions.

(1) Level A Medical Screening. Level A medical screening will determine the cardiovascular risk based on the presence of independent risk factors. Information gathered during the Level A medical screening will be used to determine the need for further evaluation of cardiac risk.

(a) The examination will consist of:

1 Medical history and physical examination, to include SF 78. Attention will be paid to findings suggestive of cardiovascular disease, such as angina pectoris or suspicious chest discomfort, dyspnea, syncope, precordial palpitation, hypertension, a history of myocardial infarction, persistent pathological heart sounds, heart murmur(s), cardiomegaly, or other clinical cardiovascular finding which is significant in the judgement of the examining medical authority. Include family history and history of present physical fitness activity (exercise activity, e.g. – walks 2 miles three days per week at a rapid pace).

2 Fasting blood sugar

3 Serum cholesterol, High Density Lipoprotein (HDL), Low Density Lipoprotein (LDL; if available), and triglycerides.

4 Resting electrocardiogram (ECG)._

5 Smoking history.

6 Blood pressure.

(b) Medical clearance or non-clearance after Level A screening.

1 The EMA will consider results of the cardiovascular disease risk factors from the medical history and physical examination, and will clear/not clear the individual. The annotation "cleared" or "not cleared" "to begin a physical exercise program" will be documented in the employee's medical record.

2 Medical clearance is required for security force applicants and members over 40 years of age for men, over 50 for women. Clearance will be deferred if any one of the following independent risk factors are identified during Level A screening:

a A total cholesterol greater than 240 mg/dl.

b An HDL less than 35 mg/dl for men, less than 45 mg/dl for women, an LDL greater than 160 mg/dl, triglycerides over 400 mg/dl.

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c Systolic blood pressure over 140 mmHg or diastolic blood pressure over 90 mmHg (if confirmed by mean 3-day blood pressure readings – readings taken in the late morning, approximately 1000 hours to 1200 hours, as recommended by the American Heart Association).

d Smoking of tobacco products within the last 6 months.

e Diabetes mellitus or fasting blood sugar greater than 115 mg/dl.

f History of MI or sudden death in a first degree relative younger than 60 years of age.

g Abnormal Q waves, left ventricular hypertrophy, or other electrocardiographic findings suspicious for possible heart disease.

h Any symptoms suggesting possible cardiac or atherosclerotic etiology (chest pain, dizziness, claudication, shortness of breath), or past medical history of heart disease.

3 For an individual required to take the annual physical agility test, the individual will be medically cleared to begin a physical exercise program provided there are no significant positive findings in the medical history and physical examination, as determined by the EMA.

4 An individual not medically cleared by Level A screening will be referred for Level B screening.

(2) Level B Medical Screening.

(a) Level B screening consists of an evaluation by a cardiologist, general internist, or family practitioner who is privileged to perform and interpret cardiac evaluations (including graded exercise tests). The specific requirements of the annual physical agility test will be provided to the physician performing the Level B screening. Physicians performing Level B screening will have latitude to determine what tests (including GXT) are needed, what exercise programs are recommended, and what exercise restrictions are given. If Level B screening is not available at the local health clinic, the installation may develop a separate contract for this service with the technical oversight of the responsible MEDDAC/MEDCEN.

(b) If Level B screening results in negative or unremarkable findings, the individual will be cleared to begin an exercise program, and an entry documenting medical clearance will be made in the medical record.

(c) Individuals previously cleared through Level B screening should be followed annually by a cardiologist, general internist, or family practitioner privileged to perform cardiac evaluations. Following the initial Level B evaluation, written documentation of continued medical clearance will be required for subsequent annual evaluations where Level A risk factors remain present.

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(d) When one or more of the Level B screening results are positive or the consulting physician is of the opinion that the individual has a medical contraindication to clearance, the individual should be declared "not cleared for the physical agility test" and be advised not to begin a physical exercise program. The individual should also be referred to his personal physician for further diagnostic tests and appropriate treatment.

APPENDIX D

PHYSICAL AGILITY TESTING

D-1. Physical agility testing will be administered in accordance with this appendix to all AMC guard, police, and Special Reaction Team (SRT) personnel subject to physical agility testing. In order to meet the condition of employment standard, the individual tested must successfully pass the established standard of the physical agility test contained in Appendix B, this supplement.

D-2. Physical agility testing will be conducted annually for all personnel to whom it applies. Such testing will be conducted during the annual performance appraisal period. The physical agility test serves to provide a measure of the individual's preparedness to successfully accomplish physically demanding tasks.

D-3. The physical agility standards contained in Appendix B are related to the individual's job requirements by providing relative measures of the individual's preparedness to perform physically demanding tasks in unusual or emergency situations. Field Manual 21-20, Physical Fitness Training, may be used as a guide when administering the physical agility test.

D-4. a. The physical agility test for new hires (guard, police, and SRT) positions are contained in Appendix B of this supplement.

b. The physical agility test for guard and police personnel is broken out by age category. No substitutions to the physical agility test are authorized.

c. The physical agility test for SRT members on board as of 23 March 1992 consist of running 1 mile in less than 10 minutes; 20 pushups in 2 minutes, and 20 situps in 2 minutes. The run event may be substituted with either walking 2.5 miles in 40 minutes or bicycling 6.2 miles in 30 minutes using a stationary bicycle ergometer test with a resistance setting of 2 kilopond meters or 600 watts in accordance with the following:

(1) When recommended by medical authority that the individual could aggravate an existing medical condition.

(2) When concurred in by the local provost marshal, director of law enforcement and security, or security officer on the basis of supervisory recommendations and evidence of having satisfactorily performed day-to-day physical activities.

(3) When approved in writing by the first commander in the chain-of-command with the rank of Major (04) or higher.

(4) When an agility test component is approved for substitution the responsible commander MAJ (04) or higher will sign such an approval and it will be maintained with the individual's security force training records.

d. The physical agility test for SRT new hire is contained in Appendix B to this supplement. No substitutions to the physical agility test are authorized.

D-5. Training records will be maintained to reflect the administration of the agility test, the date of the test and the results (i.e., passed or failed). When, as a result of having failed to pass the agility test initially during the rating period, the individual is subsequently tested and passes or falls, the date and results will also be posted to training records.

D-6. When an individual is temporarily disqualified from being administered the physical agility test on the basis of a temporary medical condition, the test will be postponed until clearance is received from medical authority to administer the test. If the individual is able to be administered two elements of the test (e.g., run and situps) based on medical evaluation, the individual will be tested on those elements. The individual will be tested on the remaining event when clearance is received from medical authority. If the temporary medical condition is projected by medical authority to not be able to be resolved within the current appraisal period, coordination with the local supporting civilian personnel office (CPO) will be initiated to adjust the appraisal period or complete the appraisal in accordance with established CPO procedures. The run may not be deleted for purposes of this paragraph.

D-7. Special reaction team members attending the Special Reaction Course taught at the U.S. Army Military Police School will be required to pass the Army physical fitness test as a course prerequisite.

APPENDIX E

SECURITY FORCE TRAINING

E-1. Security force training will be in accordance with requirements contained in AR 190-56 and this supplement.

a. Entry level (new hire) training provided guard, police, SRT personnel, and contract/contractor security forces will be as specified in AR 190-56 and this supplement.

e. Annual retraining of guard, police, SRT personnel, and contract/contractor security forces will be as specified in AR 190-56 and this supplement.

E-2. Training provided security forces personnel will be as realistic as possible, taking into account safety of the individual. Realistic training requires that individuals be trained to perform tasks associated with the duties of the job. Task oriented training focuses on actual hands-on accomplishment of the task, with performance oriented evaluation of the specific task. The individual must demonstrate the ability to perform the prescribed task in order to be considered trained.

E-3. Training will be conducted as outlined in Appendix E, this supplement. Minimum training for security force members (including contract/contractor personnel) is outlined at Annex to this appendix.

E-4. All AMC security force personnel (including contract/contractor personnel) will be qualified with their assigned weapons prior to assuming the duties of the job. Qualification will be in accordance with TC 19-138 and other TRADOC manuals (e.g., FM 19-10 (Law and Order Operations)).

a. AMC security force personnel (including contract/contractor personnel) required by the nature of their duties to carry protective masks will familiarize with their assigned weapons by firing those weapons wearing the protective mask.

b. All armed guard and police personnel will requalify with their assigned weapon(s) every 12 months and familiarize yearly with other weapons they are required to use while on duty or in response situations (e.g., crew served weapons, rifles, and shotguns). Initial qualification will be accomplished prior to assignment of duties requiring the carrying of a weapon. Qualification training must include instructions on safety functions, capabilities, limitations, and maintenance of the weapon to be carried. All SRT personnel will familiarize monthly and qualify quarterly with their assigned weapon(s). All SRT marksmen (snipers) will familiarize monthly and qualify every 60 days with their assigned weapon(s).

c. Security force personnel will also conduct night firing familiarization with assigned weapons.

d. Range requirements established by TRADOC for weapons qualification and familiarization are preferred. Where, because of safety or resource constraints, such ranges do not exist, the responsible AMC major subordinate command (MSC) may permit deviations. Alternate range configurations

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approved by recognized Federal, state, or local law enforcement agencies (e.g., international Association of Chiefs of Police, state police academies) may be utilized for qualification/familiarization purposes. The deviation will be approved by the responsible MSC provost marshal, director of law enforcement, or security officer in writing. A copy of the approved deviation will be provided the Chief, Security Support Division (SSD), ATTN: AMXMI-SD, Fort Gillem, GA 30050-5000.

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**SECURITY FORCES
REQUIRED TRAINING TASKS**

<u>Training Task Number</u>	<u>Tasks</u>
First Aid --	
081-831-1000	Evaluate a Casualty
081-831-1005	Prevent Shock
081-831-1017	Put on a Tourniquet
Weapons --	
071-004-0001	Perform Operators Maintenance on an M9 Pistol
071-004-0003	Operate an M9 Pistol
071-004-0006	Engage Targets with an M9 Pistol
NBC --	
031-503-1019	React to Chemical or Biological Hazard/Attack
Unarmed Self Defense --	
191-376-5103	Use Unarmed Self Defense Techniques
Searches --	
191-376-5114	Determine if a Search and Seizure is Authorized
191-376-5116	Perform a Stand-Up Search or a Frisk (Pat Down)
191-376-5117	Perform a Prone Search
191-376-5119	Perform a Wall Search
191-376-5121	Perform a Building Search
191-376-5122	Perform a Vehicle Search

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<u>Taining Task Number</u>	<u>Tasks</u>
Reports and Forms --	
191-310-0001	Prepare DD Form 1920 (Alcoholic Influence Report)
191-376-0001	Prepare DA Form 3975 (Military Police Report)
191-376-0002	Prepare DA Form 2823 (Sworn Statement)
191-376-5138	Prepare DA Form 4137 (Evidence/Property Custody Document)
Patrol Activities --	
091-109-0005	Prepare Equipment Inspection and Maintenance Worksheet (DA Form 2404)
191-376-5100	Use Interpersonal Relations Skills
191-376-5101	Record Police Information
191-376-5105	Secure Offender with Hand Irons
191-376-5106	Determine the Level of Force Required
191-376-5112	Apprehend a Subject
191-376-5114	Determine if a Search or Seizure is Authorized
191-376-5123	Transport Offenders
191-376-5124	Identify Evidence/Contraband
191-376-5125	Collect Evidence
191-376-5126	Conduct Interviews
191-376-5127	Advise Suspect of Article 31 – Miranda Rights
191-376-5128	Protect a Crime Scene
551-721-1352	Perform Vehicle Prevention Maintenance Checks and Services

<u>Training Task Number</u>	<u>Tasks</u>
Patrol Incidents --	
191-376-5113	Use MP Vehicle Emergency Equipment
191-376-5129	Process a Drunk Driver
191-376-5132	Respond to a Bomb Threat
191-376-5134	Respond to a Domestic Disturbance
191-376-5135	Respond to an Alarm
191-376-5136	Respond to a Hostage Situation
Traffic Operations --	
191-376-5107	Use Hand and Arm Signals to Direct Traffic
191-376-5110	Enforce Traffic Regulations
191-376-5130	Secure the Scene of a Traffic Accident
191-376-5131	Give Implied Consent Warning
191-376-6072	Prepare DD Form 3946 (Military Police Traffic Accident Report)
Physical Security --	
191-000-0005	Implement Basic Measures to Reduce Your Vulnerabilities to Terrorist Acts/Attacks
191-000-0006	Implement Measures to Reduce Your Unit's Personnel and Equipment Vulnerabilities to Terrorist Acts/Attacks
191-376-4112	Patrol a Restricted Area
191-376-4113	Control Entry to and Exit from a Restricted Area
191-376-4114	Enforce the Two-Person Rule
191-376-4117	Use the Duress Code System

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<u>Training Task Number</u>	<u>Tasks</u>
191-376-4118	Operate a J-SIIDS/J-SIIDS Monitor Unit
MP Station Operations --	
191-377-5207	Process Offenders
191-377-5214	Determine Elements of a Crime
191-378-5303	Collect, Compile, and Process Police Information
Investigations --	
191-390-0100	Identify an Offense of Burglary
191-390-0101	Identify an Offense of Housbreaking
191-390-0112	Identify the Offense of Larceny or Wrongful Appropriation of Property
191-390-0114	Identify an Offense Involving Controlled Substances
191-390-0120	Photograph a Crime Scene
191-390-0121	Sketch a Crime Scene
191-390-0122	Collect Physical Evidence at a Crime Scene
191-390-0132	Interrogate Suspect(s) and Subject(s)
191-390-0164	Apprehend an Offender
191-390-0165	Conduct a Lawful Search and Seizure

