



U.S. ARMY

www.amc.army.mil

U.S. ARMY MATERIEL COMMAND

CG SENDS: COVID-19 UPDATE, 24 MAR 2020

Army Materiel Command team,

Across the command, we have increased our efforts to stop the spread of COVID-19 (e.g.) maximized telework, reduced meeting schedules, VTCs and teleconferences. And we are still carrying out our critical missions. Great effort -- Thank you!

These are challenging times and situations for many of you. Now more than ever, we must be resilient. Rely on the resiliency training we have all taken, year after year. I encourage all to take time to focus on your physical, mental and spiritual well-being. Get outside for exercise and fresh air. Call and connect with your teammates, family and friends. Reflect on those things that are good and positive around you.

Every member of our team is important to us and absolutely critical to our success. To that end, I have two challenges for you. First, stay disciplined and think about the second and third-order effects of 'not' social distancing. We must be responsible in our words and actions. Second, I ask that you reach out to at least one teammate every day. Check on their well-being, just chit chat, laugh. You can do a lot by practicing social connection, even while being physically part. Together, by doing the right things, we will get through this pandemic.

Stay safe, well and resilient!
Army Strong!

CG
Gustave F. Perna
GEN, USA
Commanding

OFFICIAL RESOURCES:

- Government Response to Coronavirus, COVID-19 – [usa.gov/coronavirus](https://www.usa.gov/coronavirus)
- Centers for Disease Control and Prevention – <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Department of Defense Response and Guidance – <https://www.defense.gov/Explore/Spotlight/Coronavirus/>
- Defense Health Agency Tricare Guidance – <https://www.tricare.mil/HealthWellness/HealthyLiving/Coronavirus>
- U.S. Army COVID-19 Guidance – <https://www.army.mil/coronavirus>
- Office of Personnel Management Guidance – <https://www.opm.gov/policy-data-oversight/covid-19/>



24 March 2020